ND BOARD OF CLINICAL LABORATORY PRACTICE
Exempt Test/Method Review Committee Work
March 23, 2016
Via Conference Call
Minutes

Call to Order: The committee called the meeting to order at 9:00 AM.

Present: Committee Members: Sherry Melby, Shelly Heilman
Others: Nikki Owings

Absent: Ruth Paur

Request for Exemption of the HbA1c:
The committee reviewed the request and determined it will not recommend exemption of this test/method as it is not simple enough to use for unlicensed individuals. Although the public would benefit from having this test used to monitor diabetes readily accessible, there are other readily available tests that can be used to monitor diabetes. Also, this instrument is to be used for known diabetics, not as a screening/diagnostic test.

Request for Exemption of the Lipid +:
The committee reviewed the request and determined it would recommend approval of total cholesterol, HDL cholesterol, triglycerides, and glucose by a waived, automated instrument. The committee felt there would be little to no harm if an individual received an incorrect elevated result since they should consult with their health practitioner and/or make lifestyle/dietary changes. The committee felt the public would benefit by having the test more readily available.

The committee will recommend the Board not include the ALT and AST with this test exemption.

Request for Exemption of the i-STAT Creatinine:
The committee reviewed the request and determined it will recommend the Board approve this request on any waived, automated instrumentation as it would be beneficial for patient care.

Adjourn: Meeting adjourned at 9:21 AM.